

get creative & crafty

Think about what you have in your home and available to you. Get creative and crafty.

Fashion show

Create outfits with clothes but wear them in a different way, make accessories from plastic or card things from your recycling bin.

Have a theme if you like. Choose music to show off your outfits.

Estimation game

See who can be closest. Record your guesses and results. For example

How many flowers on a cushion.

How heavy is a pair of socks.

How long will an ice cube take to melt ...use your imagination.

Craft

Make a 3D picture.

Find some card in your recycling ie a cereal packet. Use news paper, string, receipts...what ever fabric or paper you have to create a scene or picture.

Rubbings

If you have crayons and paper try going around the house or garden finding things with texture. Pop your paper on then gentle rub over with the side of a crayon.

Flower pressing

Its spring. If you can pick some flowers and leaves things like dandelions, daisy's and forget-me-nots. Pop between two pieces of paper and place under some heavy books, or a tray with tins in. Leave for a week or two and see what they are like.

Games & Puzzles

- Treasure hunts with clues around house
- Dust of all your old board games
- Learn some new card games
- Board games olympics

Design your own board game. Use coins for counters. No dice? Download an dice app or have 1 to 6 written on small pieces of paper and pull out of a bag. Your game could include physical and education challenges.

On a phone take close up photos of things around your home. Then challenge family members to guess what they are.

Junk Modelling

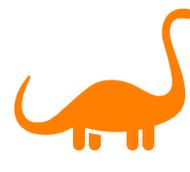
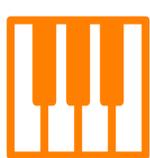
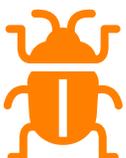
Gather up all empty packets, cardboard, old pots etc and see what you can create. You could even paper mache over once made and paint.

Build a den under a table

Build a den with sofa cushions and sheets or blankets. Other things that can be used are clothes drying frames, chairs, with pegs to help. Ensure your den is safe. Do not use string or rope or heavy object to hold sheets in place.

Ready Steady Cook

Do a 'ready steady cook' challenge for dinner. Give your children a few ingredients to use and let them use there imagination as to what to make. Always supervise and/or help with preparation and cooking if your children are young.



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Think about what you did when you were a child...what good old activities and games can you re-cycle?

Potion making

Over 8 years. If you have anything old in your cupboards....kitchen or bathroom. Pop a towel down on a hard floor or table and let them mix to make potions. **Remember not for eating or drinking – adult supervision needed!**

Science

Sink or float experiments. Get children to collect little things around the house. Fill a washing up bowl or sink or bath with water. Make a table to record there prediction as to if it will float or sink and record what it does.



Paper Mache

You can make almost anything out of paper mache. All you need is paper (newspaper is best, but most paper will work). Use PVA glue or make your own (see below) tear up strips of paper and layer around a shape or object to create your masterpiece. Google some ideas and guides. Once made let dry for a day or so and then paint and decorate.

Top tip – make sure you think about how you will get of a mould or shape is you are using one – cling film and Vaseline are useful!

Book Art/Folding

Carefully find any old and unwanted books. Google book art/folding and create your own masterpiece!

Junk Mail Bunting

Work out a shape, make a template and cut up all your junk mail and stick or string into bunting!



Make your own glue

Make your own glue out of flour and water. Only a little flour and water is needed. Mix it like single cream and heat gently until smooth....wait to cool before use. Google a recipe if needed.

The ultimate list of Sensory Activities for Kids

<https://merakimother.com/ultimate-list-sensory-activities-kids/>

Some more sources of ideas, inspiration and resources...

<https://www.twinkl.co.uk/resources/parents/extra-subjects-parents/activities-crafts-parents>

<https://www.happinessishomemade.net/quick-easy-kids-crafts-anyone-can-make/>

<https://www.thebestideasforkids.com/craft-ideas-for-kids/>

